



be happy and free

TENTH EMPIRE CUP, 2026

SPEED SKATING RULES

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1. Event Details

Name: Tenth Empire Cup, 2026

Date: Saturday, 21st February 2026

Time: 8:00 AM – 4:00 PM

Venue: Moi International Sports Complex, Kasarani (Aquatic Area)

Age Categories: 4 – 14 years (Boys & Girls)

Participation Fee: Kshs. 1,500 (vat excl.), Earlybird 1,000

Speed Skating Categories: Sprint Races, Long Distance Races

2. Eligibility

The competition is open to individual skaters, skating clubs & schools.

3. Liability:

By taking part in the competition, the participant accepts and assume all such risks and all responsibility for losses, costs, and damages incurred as a result of participation in the competition. The organizers will not be responsible for any injuries, damages, or losses sustained by the participants during the competition.

4. Use of images and recordings

The organizer may take photographs and films during the Event to be used as a public record or for publicity and/or promotional purposes. Participants, consent and give permission to the Parties, affiliates and subsidiaries, to use these images, including any motion picture, still photograph and sound records of their voice for the purposes of advertising, promotion and marketing.

5. Registration

- a. Registration for the competition can be made via the link <https://tenthepire.com/events> alternatively download the registration form from the website, fill it, and WhatsApp it to **0710 363 931**.
- b. **ALL PAYMENTS** to be done through M-Pesa till: **5680502** (Skate Empire)
- c. The registration is only valid once the full participation fee has been received.
- d. In case of non-participation in the race, fees will not be refunded.

6. Registration Notice

- a. **Early Bird Deadline:** 31st January 2026
- b. **Standard Registration Deadline:** 14th February 2026 (*No registration at the venue*)
- c. Registration for a category may close early if maximum limits of participants is reached. We recommend early registration to secure your spot.

7. Direction of the Race

Skaters are placed so that their left hands are located facing the inside edge of the track. The direction of the race shall be counter clockwise.

8. Age

Determination of age is based on the age of the athlete as at **31st December 2026**. Age Cheating will lead to disqualification from the races.

9. Categories & Races

Speed Skating

Age Category	Year of Birth	Short Race	Long Race Laps	Athletes
Under 5	2021	100 Meters	1	Boys & Girls
Under 7	2019	100 Meters	2	Boys & Girls
Under 9	2017	1 Lap	3	Boys & Girls
Under 11	2015	1 Lap	4	Boys & Girls
Under 14	2012	1 Lap	5	Boys & Girls

**The Chief Judge in consultation with the Event Director may add, remove, change or consolidate race categories depending on the number of participants/team registered.*

10. Wheel Size

The chart below gives the approved wheel sizes for this race.

Age Category	MAX Wheel Size
Under 5	80mm
Under 7	80mm
Under 9	90mm
Under 11	90mm
Under 14	90mm

11. Entry into The Track

Entry in the racing track is only allowed for skaters who are participating in a competition. No parent or athlete should cross the track while a race is on even if there is no competitor in sight.

12. False Start

A false start occurs when an athlete crosses start line before the whistle is blown. Any Athlete who causes a false start will be given a warning a second false start the athlete is shown a yellow card. A Third false start in the same race will lead to disqualification from the race.

13. Race Clothing

- a. Participants are required to wear their respective school track suits or racing suits.
- b. The Start Judge has the power to ask to the skater to take off any item which in his judgment may present a danger for himself or the other skaters.
- c. Each skater **MUST** have a helmet of the required quality and standard.
- d. The helmet must be well fastened on the head, all the time while being in the race course. A skater who intentionally removes his helmet during a race may be disqualified.

14. Sticker/Race numbers

Each athlete must obtain a race number and place it centered on the chest or abdomen for it to be visible to race officials.

15. Language

The use of profanity in any competition is not accepted and can be a cause for declassification or disqualification by the referee.

16. Spectator Conduct

Disruptive or abusive behavior may result in removal from the venue.

17. Skates

Participants are allowed to bring their own skates that comply with the wheel size regulations section 10 above. The Chief Judge has the discretion to refuse any skates that are considered unsafe or give an unfair advantage.

18. Fouls

Personal fouls – During a race, when a skater commits a fault towards one of several opponents, he may be reduced in rank according to the decision of the Chief Referee. Violations involving action of one skater against another such as:

- a) Blocking
- b) Hipping
- c) Tripping

- d) Holding
- e) Interference
- f) Pushing
- g) Jamming
- h) Elbowing

19. Heats

In case of heats and depending on the number of participants, position 1,2 and 3 **MAY** proceed to the finals.

20. Distancing

Skaters more than one lap behind leader may be withdrawn unless in podium contention.

21. The Bell

The final lap will be signaled by a bell.

22. Event Changes

The organizer may change the date of the event, to start it with a delay, postpone the event, to implement any changes to the event or to cancel it, if the organizer is of the opinion that due to a change in conditions (e. g. weather) the safety of the race or participants is endangered or cannot be guaranteed.

Organizer

Tenth Empire LTD

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For questions, clarifications, or further information feel free to reach out.